

DONNELLY Farms Ltd

"Your Transportation Specialist"

MEANWHILE, BACK AT THE FARM...

August, September, October (6th) Edition

DONNELLY FARMS LTD NEWSLETTER:

BIRTHDAYS!!!!

Wilson Lavhey-September 13th
Dwayne DeMerchant-September 16th
Ivan Hilliard-September 19th
Andrea MacDonald-September 23rd
Tyler Levesque-September 25th
Elizabeth Donnelly-September 26th
Miles Hayes-September 29th
Rick O'Brien-October 2nd
Karen Smith-October 5th
Greg Prosser-October 6th
Keith Donnelly-October 8th
Ed Hammond-October 9th
Tom Kennedy-October 14th
Garry Penny-October 18th
Kevin Smith-October 26th
Larry Dickinson-October 27th
Donna Donnelly-October 28th
Regis Deschenes-November 11th
Tony Bowers-November 17th
Ellen Armour-November 30th
Brian Shaw-November 30th

Drivers Meeting September 19th, 2005:

Donnelly Farms Ltd would like to extend a warm welcome to the new members or our team...

Kevin Sutherland
Paul Watkins
Ron Diamond
Greg Prosser
Tony Bowers
Jessee Rattray
Geoff Sewell
Robert Trites

Occupational Health and Safety:

With the winter months coming up, please keep steps cleared of snow & ice to avoid slipping and falling from your truck!

Winners of Door Prizes at Drivers Meeting....

Danny Turner-Sweatshirt
Gary McCully-Golf Shirt

I am sure I speak for all Donnelly employees when I say: Thank you to Dwayne and Donna for hosting yet another wonderful Barbeque and a special thanks for the gifts.

INSIDE THIS ISSUE:

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F.A.S.T.: It is important not to use dedicated FAST (Free And Secure Trade) lanes. Although we are FAST approved we have not hauled any



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Satellite: Anyone with problems with the satellite system must see Dave for more details. He can explain which messages need sent in to us and when to send them.

Switches: In order for us to accommodate appointments, home time, vacations, hours of service problems and customers requirements it is necessary for us to perform switches from time to time. We have to do what is necessary to make the loads happen and keep our customers happy. If there is anything that you question, feel free to ask dispatch.

New Drivers: We are proud to see our senior drivers guide and help the newer drivers. We all know orientation can be long and overwhelming, you can't possibly remember everything. It is nice to know that other drivers will help with log book, border paperwork, satellite communications etc. if they see a new driver struggling.

Bridge Law / California: King Pin Law in the state of CA is 43 feet from the pin to the center of the last axle. They are watching this closely, we have already been warned & fined once!

There are applications available to any driver who would like to join the Canadian Trucking Human Resource Council in the Professional Driver Recognition Program. Come see Gïnelle for details.

You will receive a letter of appreciation from the council as well as a certificate, wallet card and window sticker which all recognize you as a professional driver and show that you meet the high standards of your profession. As a CTHRC Certified Professional Driver you will be kept up to date on the skills upgrading modules that the council offers and CTHRC publications will be sent to you on a regular basis.

We encourage you to pursue professional and personal development so you can continue to be a professional in the industry.

Currently CTHRC Certified: Danny Turner, Garry Penny, Brian Brake, Régis Deschenes, Rick O'Brien & Aaron Jones

Fuel Prices & Fueling Notice:

We are now using a new fuel tax program. Our invoices are entered directly into the system so whatever you enter for a unit number is where that fuel gets charged to, if you enter your truck unit # when you actually fueled your reefer we will end up paying tax on it when we didn't need to (we aren't taxed on reefer fuel). Nila manages this system so she has the opportunity to look over the report and make changes where needed. She reports that the following drivers entered their vehicle information perfectly for the last quarter. Grayson Watkins, Paul Cole, Danny Turner, Willie Rattray & Brian Shaw. Thank you all!

"As you know fuel is one of our largest expenses and one that can be controlled by you the driver. I spend a considerable amount of time getting fuel prices out to you in a timely manner, most of you are fueling at the best places but there are a few that are not. Since this is one of the items that we emphasize as a new driver and have instructions in our Drivers Manual, we have no choice but to charge back to you (thru your bonus) the difference in fuel prices when you **choose** to fuel at a higher priced station.

Here are a few reminders on where to fuel in the USA; Dysarts (at the cardlock using their card) & Carneys Point, NJ are our cheapest places in the North East. As a general rule Flying J's in the USA are the cheapest place to fuel. DO NOT fuel in New Hampshire as their fuel tax is very expensive. Use ONLY your T-Chek card for fueling in the US, the Irving card is being shut off for US purchases due to misuse. Thanking you in advance for your cooperation, Ellen Armour"



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Trip Planning

Proper trip planning is one of the best methods a professional driver can use to manage time. It helps achieve on-time deliveries and pick-ups while reducing stress and fatigue. Most of you probably trip plan without even realizing it, by leaving on time, knowing where you are going, how long it will take you to get there and where you will be stopping. A good trip plan may incorporate the following elements:
 Step 1: Analysis> Questions to ask during this step might include: How many hours have been allotted to complete the given number of miles on the trip? How many driving hours will be available during this time? What are the road conditions like? (ie: snow or ice covered, rain, mountain roads, open freeway, densely populated areas).

Closely examine the total mileage and conservatively figure the number of driving hours required to safely complete the trip. Be sure to consider posted speed limits for the areas you will be traveling through. An average driving speed will generally be 10 mph less than the posted speed due to traffic, port of entry stops, road terrain, weather, construction, etc.

Step 2: Routing of Stops> Review a trucker's road atlas to plan your fuel, meal, rest and

other routine stops. Identify safe locations to complete these activities. It might be better to stop one hour early, than to take a chance and hope to find a suitable location at the end of your duty period. Take into consideration tool roads, major metropolitan areas, traffic jams, rush hour traffic, popular vacation areas, two lane roads vs. interstate freeways or other known conditions. Other considerations might involve overweight, over length loads that may require special routing. These elements must be incorporated in your overall trip plan.

Plan your stops: Combine activities as much as possible. If you fuel, eat, shower and rest at one location, you will be using your time more efficiently than if you eat at one location, go somewhere else to fuel, shower and head to a third location for rest. Planning these activities well in advance will help you to maximize your rest time and minimize your fatigue and frustration. Fewer stops means fewer opportunities for accidents. Remember to take into consideration where the cheapest fuel prices are.

Step 3: Obtain accurate directions> Every driver has suffered needless delays because of bad directions. A wrong turn can put you in dangerous or unsafe situations. Call the customer early and try to talk with someone

who is "truck savvy". Front office clerical help may not be aware of height limitations, local road restrictions, unsafe turns or restricted roads. Use available technology such as satellite communications, internet maps, city maps and cell phones whenever possible. These tools can greatly improve your productivity and reduce stress-related fatigue at the same time. Use these tools only while safely parked!

Step 4: Effectively manage your time> Plan your trip carefully. Then, stick to your plan. Be sure to leave with as early as possible so that you may be able to get to the customer and have rest time there before starting your next work period; instead of leaving with just enough time to get there then not being able to continue on once unloaded. Avoid unnecessary delays. Some drivers spend extra time with friends at truck stops, casinos or our main office then push themselves in order to "make up time". It's stressful, it's dangerous and it's not worth it. Lost time can never be recovered. Professional drivers plan their activities well in advance to help maximize their rest time and reduce stress. Effective time management is a valuable fatigue-management tool.

Jokes of the Quarter

Subject: Newfie 911 Call
 Hello, is this the RCMP?"
 Yes. What do you want?"
 I'm calling to report my
 neighbour, Mike Fitzpatrick! He's hiding
 marijuana inside his firewood."
 "Thank you very much for the call, sir."

The next day, the RCMP
 officers descended on Mike's house. They
 searched the shed where the firewood was
 kept.
 Using axes, they busted open every piece of
 wood but found no marijuana.
 They swore at Mike and left.

The next day the phone rang at Mike's house.
 "Hey, Mike! Did the RCMP come to your
 house?"
 "Yeah!"
 "Did they chop your firewood?"
 "Yep."
 "Happy Birthday, Buddy..."



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Jokes, Continued..

Wrong Email Address

The Gallaghers, a couple from Minneapolis, decided to go to Florida during the icy winter. They planned to stay at the same hotel where they spent their honeymoon 20 years earlier.

Both husband and wife had hectic schedules and it was difficult to coordinate their travel schedules. The husband left Minnesota and flew to Florida on Thursday while his wife planned to fly down the day after.

Mr. Gallagher checked into the hotel and decided to send an email to his wife. But in

typing he accidentally left out one letter in her email address. Without realizing his error, he sent the email.

Meanwhile, in Houston, the widow Gallagher returned home from her husband's funeral. He had been a minister of many years, called home to glory following a sudden heart attack. The widow decided to check her email, expecting messages from relatives and friends. After reading the first message, she fainted.

The widow's son rushed into the room, found his mother on the floor, and saw the computer screen which read:

To: My Loving Wife
Subject: I've Arrived
Date: February 5, 2004

I know you're surprised to hear from me. It's amazing—they have computers here now and you can send emails to loved ones. I've just arrived and have been checked in. Everything has been prepared for your arrival tomorrow. Looking forward to seeing you then! Hope your journey is as uneventful as mine was.

Love, Harry

P.S. Sure is hot down here!

Tips for Ensuring Driver Safety>

Professional drivers often work alone, at night and in unfamiliar surroundings, and are responsible for valuable cargo. Combined, these factors can make drivers an easy target for violence. Here are some tips for ensuring your safety...

- While in transit, make sure all tractor and trailer doors are locked. Keep windows rolled up, if possible, until you reach highway speeds.
- Expressway ramps and urban areas can be especially dangerous, because your vehicle can get boxed in. When stopped in traffic, leave enough space in front of your vehicle so you can pull away if you spot trouble.
- Be especially careful after picking up a load. Watch for vehicles following you and be suspicious of anyone who asks you to stop.
- Plan out your stops and avoid unauthorized or unplanned stops. If you have regular routes, vary your routine so thieves can't predict where you'll be.
- When making a stop, park as close to your destination as possible, preferably in a well-lit area where there are other truckers.
- Lock all doors when you leave a vehicle and keep all valuables out of sight.
- If you think there is someone following you wait in a safe place (such as inside a truck stop) until the stranger is gone.
- Never discuss your load on the radio or when stopped. Thieves may be monitoring your conversation.

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EMPLOYEE OF THE QUARTER



We are pleased to announce that Richard Clark has been nominated as *Employee of the Quarter* for September 2005.

Richard and his beloved wife Tammy live in Carlo, NB and share their home with their two sons Bobby (11) and Cameron (5) and not to be forgotten is the late Tweetie the Budgie who just this week flew off to that big bird cage in the sky.

Before Richard started working at DFL he owned and operated a heavy-haul towing service called "RICHARD CLARK & SONS" with 24 hr roadside assistance. He has done a lot of vehicle recovery work and he keeps a photo album on all the recoveries he does. One of his most memorable is recovering a bulldozer. What makes this recovery special is he had to dive about 30

feet into the Saint John River to hook onto the bucket, which was still full of gravel. It was an all day event but a success!

In the past he has worked driving a pulp truck and as a woods worker. Richard has always maintained, repaired and built his own vehicles.

Richard has been with Donnelly Farms Ltd. for little over 1year. For those of you who know Richard you know what a talker he is. We asked him to elaborate his feelings for Donnelly Farms. His comment was "It's okay".

Some of the reasons Richard was nominated as Employee of the Quarter is his attention to detail when servicing the trucks. More than one driver has commented on being able to successfully go through a D.O.T. check. Also, it has been noticed by some drivers the extra things he does at DFL, including driving truck when needed.

Richard will be checking with Donna next week to choose a gift of his choice from our line of advertising items. We congratulate Richard on doing an excellent job and helping to keep our drivers in safe, well-running equipment.

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